



Haywood Lodge and Retirement Center

FEBRUARY
2010
ISSUE 2

"The Nest Best Thing to Being at Home"
Visit us at www.haywoodlodge.com

DEFICIENCY FREE AGAIN!!!

On December 30th and 31st, representatives from the NC Division of Health Service Regulations conducted their annual survey. For the second time in as many years HL&RC was found to have no deficiencies. We received an overall score of 105.5. This is the maximum amount of points that can be earned without Nova Certification. We have not yet applied for that. Only a handful of facilities in the state have a perfect score and I'm proud to say we are one of the select few!!! Congratulations to my staff because they are the ones who make the difference and make this score possible!!!
Aaron

EMPLOYEE OF THE MONTH

Our employee of the month for February is Paul Lyons. He is a CNA/Med Tech. Paul is from Morganton, but lives in Waynesville. Collecting movies and reading are just some of the things Paul love to do. He's a fun guy to have around. We are glad to have him back on our nursing team.
CONGRATULATIONS PAUL!!!



*Valentines Day
February 14th*

**U.S. Presidents' Day
February 15th**

WELCOME

We would like to welcome our new employees:

Linda Wood	CNA
Teresa Southard	CNA
Jeff Kirk	CNA

DEPARTMENT HEADS

Executive Director

Aaron Crawford

Resident Relations

Velma Crawford

Resident Services Coordinator

Cathy Lowdermilk

Business Manager

Vicky Hatton

Food Service Director

Alice James

Resident Activity Director

Sandy Haney

WELCOME

A big welcome to our new resident:

**Mildred Caldwell
Lewin Medford**

RESIDENT OF THE MONTH

Mary Lou Gansman has been chosen as our Resident of the Month for February. Born in Kansas she also lived in Illinois and Arkansas but has spent the last ten years in North Carolina. Mary Lou received a music scholarship to college studying voice. The war forced her to leave the dream of singing and work at the Boeing Aircraft plant. Mary Lou met her husband Roland while taking voice lessons in Kansas. This resulted in 2 daughters, 7 grandchildren and one great grandchild. Traveling, reading, and singing are a few of Mary Lou's favorite things. We are glad she is part of our family at HL&RC.

**CONGRATULATIONS
MARY LOU!!**

QUOTE FOR THE MONTH

Love may make the world go around,
but laughter keeps us from getting dizzy.



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JUST A THOUGHT

What with American Idol, Survivor, Biggest Loser, Dancing with the Stars and all the other "so-called" reality shows, I'd like to share a reality story that is Oscar worthy. Or at least, "Medal of Honor" worthy!

You're a 19 year old kid. You're critically wounded and dying in the jungle in the Ia Drang Valley.

November 11, 1965

LZ X-ray, Vietnam...

Your infantry unit is outnumbered 8-1 and the enemy fire is so intense, from 100 to 200 yards away, that your own Infantry Commander has ordered the MediVac helicopters to stop coming in.

You're lying there, listening to the enemy machine guns and you know you're not getting out. Your family is 1/2 way around the world, 12,000 miles away, and you'll never see them again.

As the world starts to fade in and out, you know this is the day. Then – over the machine gun noise – you faintly hear that sound of a helicopter. You look up to see an unarmed Huey. But...it doesn't seem real because no MediVac markings are on it.

Ed Freeman is coming for you. He's not MediVac so it's not his job, but he's flying his Huey down into the machine gun fire anyway.

Even after the MediVacs were ordered not to come.

He's coming anyway.

And he drops it in and sits there in the machine gun fire, as they load 2 or 3 of you on board.

Then he flies you up and out through the gunfire to the doctors and nurses.

And, he kept coming back!!

13 more times!!

He took about 30 of you and your buddies out who would never have gotten out.

Medal of Honor Recipient Ed Freeman

Died last Wednesday at the age of 80, in Boise, Idaho.

MAY GOD REST HIS SOUL

I bet you didn't hear about this heros passing, but we've sure seen a whole bunch about Michael Jackson...

Hollywood couldn't have scripted this one any better!

Shame on the American media!!!



HAPPY BIRTHDAYS

RETIREMENT

Mildred Caldwell 2/26



EMPLOYEES

Roger Blais 2/1
Sarah Fostoff 2/5
Alice James 2/19

RESIDENTS CORNER

Many people will walk in and out of your life, but only true friends will leave footprints in your heart!

To handle yourself, use your head....

To handle others, use your heart!

Submitted by:

Mary Wetzel-Tomalka



**Birthstone – Amethyst (Sincerity)
Color – Light Blue and Yellow
Flowers – Violet (Alt. - Primrose)**

ACTIVITY CORNER

We will be voting for our 2010 Valentine King and Queen from now until February 11th. You will vote by placing pennies in containers at both nurses desks. The resident with the most penny votes will be crowned February 12th at 1:30 (Retirement) and 3:00 (Lodge). Proceeds will go to the Activity Dept. Come and join us for lots of fun.

Sandy

